

# Sandal Strap to Jannah

Six  
Step  
Guide  
to Making  
Powerful Dua



If Allah asked you,  
"ask whatever you desire and I will give it to you..."  
WHAT WOULD YOU ASK FOR?

Step  
One

# Believe

The Prophet (peace be upon him) said: "You should ask Allah for all of your needs, even if the strap of your sandal breaks" (Tirmidhi). As adults, sometimes



Step  
Two

# Get Inspired

we forget to ask for the simple things. But Allah wants you to turn to Him for ALL your needs, great and small.



"And your Lord says 'call upon me (ask me)' I will respond to you" (Ghafir: 60).

When you make Dua, have certainty that Allah (swt) WILL respond. The Prophet Muhammad (peace be upon him) said: "Verily Allah is Al-Hayee (The Shy). He is shy to let His

slave return empty-handed if he outstretches his hands to Him.

When you raise your hands to ask of Allah, don't limit your Duas! Know that your potential is **infinite**, because the ability of Allah to respond to your Duas is **limitless**.

Take the time out to go to a beautiful place in nature where you can reflect on the awe-inspiring and mighty creations of Allah (swt). Before embarking on writing your Duas, compare your life to the creation of the heavens and the earth: "The creation of the heavens

and the earth is indeed greater than the creation of mankind; yet, most of mankind knows not" (Ghafir: 57). Surely, He who created and owns all the heavens and earth and what is in them, can respond to your Duas with absolute ease. He simply says "Be" and it is.

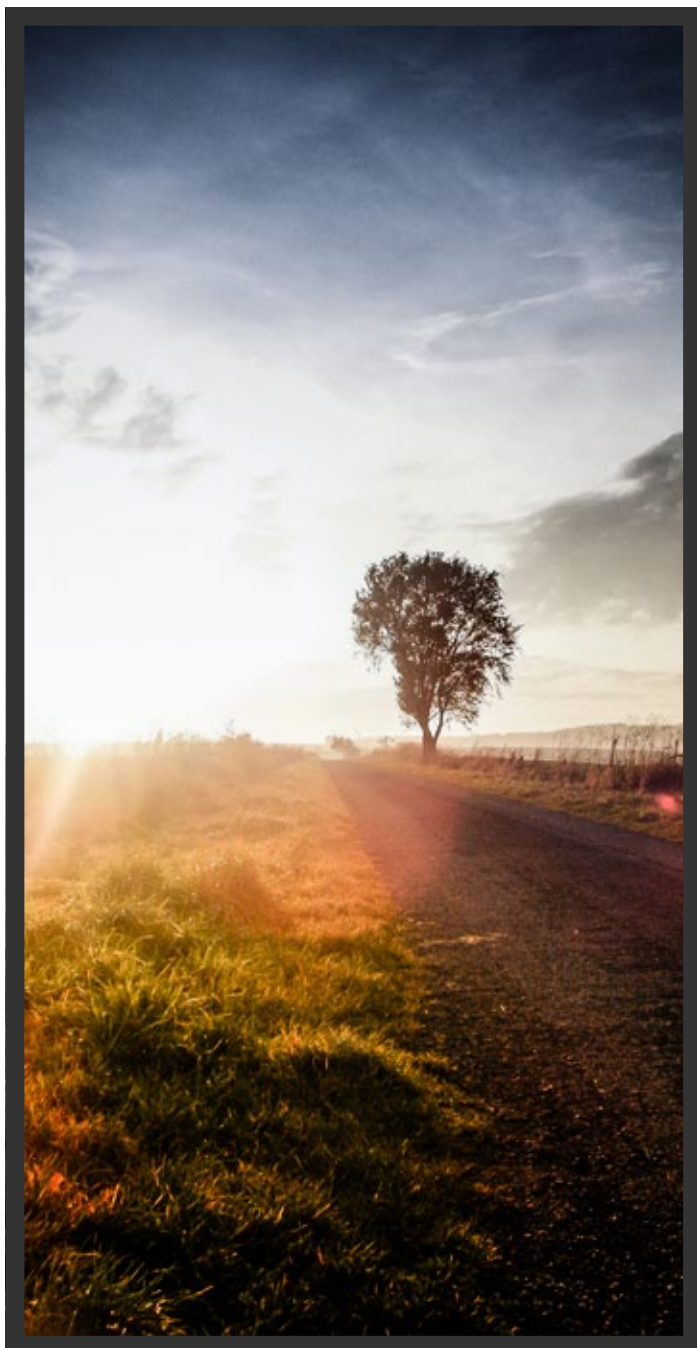
Let your Duas help you seek greatness, but let them also be an acknowledgement of all that Allah (swt) has already blessed you with. Thankfulness is a key ingredient in making your Duas! "And (remember) when your Lord proclaimed, 'If you are grateful, I will surely increase you'" (Ibrahim: 7).



## Step Three

# Select your Dreams

Do you only turn to Allah in Dua and reflection in painful moments? If you only make Duas based on situations of pain, one of two things can happen: if Allah wishes good for you, He will continue giving you pain so that you may turn to Him. Otherwise, He will grant you blessings and you will get lost in heedlessness. Let your Duas be proactive and not reactive! "Remember Allah during times of ease and He will remember you during times of difficulty" (Tirmidhi)



Imagine yourself on your death bed, surrounded by your children, with a serene smile on your face. You are perfectly content as to what you accomplished in your life and the legacy you left for your children and generations to come...

What life accomplishments would make YOU so at peace and content on your deathbed? Write it all down without filtering – everything and anything that you wish to accomplish in this world.

When you're done, look over what you have written and find

the common themes and things that repeat themselves often. Choose your final [Six Dream Duas](#).

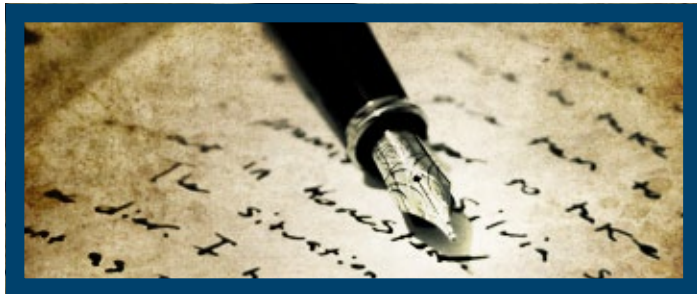
**"The most beautiful names belong to Allah, so ask of Him with them" (Al-A'raf: 180).**

You'll know your Duas are GREAT if they give you butterflies of excitement and you have a burning desire to reach those goals. This is the perfect opportunity to combine your desire for the dunya and akhira together. Ask for what will benefit you in both inshaAllah!

Allah (swt) wants us to ask Him using His Beautiful Names. Choose His Names that are most applicable to what you are asking for, and use them in your Dua. (e.g. if you are making Dua for Allah to bless you with a child, you may use His Names: "Al-Musawwir, Al-Wahhab" etc.)

## Step Four

# Internalize & Memorize your Duas



Take your final Dua list and memorize them – do whatever you have to in order to make them a part of your psyche...hang them

up on your wall, put them into your smart-phone! For the next **six months**, you will be eating, breathing, and living these Duas!

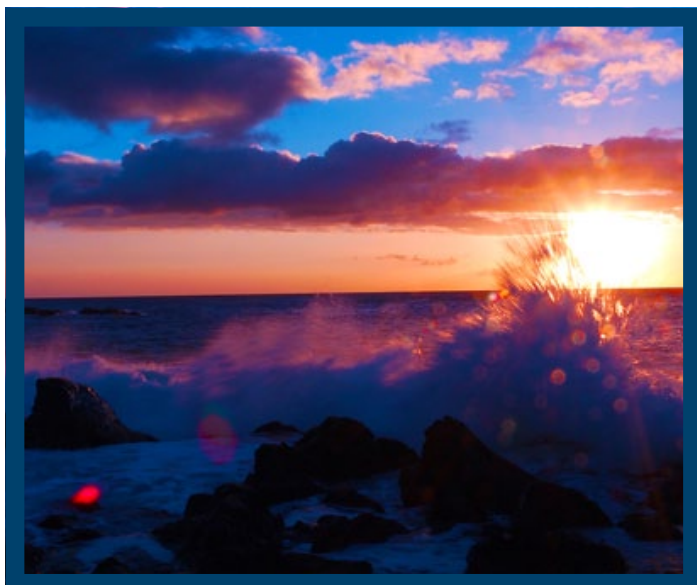
Some people say to themselves "I am too sinful to make dua."

But don't let sins stop you from turning to Allah (swt),

The Most Merciful. And when you are excited about your Duas and are really sincere about them, you'll automatically want to worship Allah better.

## Step Five

# Start the Dua Habit



Make your six Duas a daily routine for the next six months. Choose a time of the day that you'll be making your Duas and stick to it (e.g. after you make wudu, in the final

sujood of fajr prayer, after you finish maghrib prayer, after you read Qur'an, etc.). Keep it consistent until it comes as second nature to turn to Allah (swt) and ask of Him.

If you're not seeing results in your life, don't lower your standards, raise your Dua!

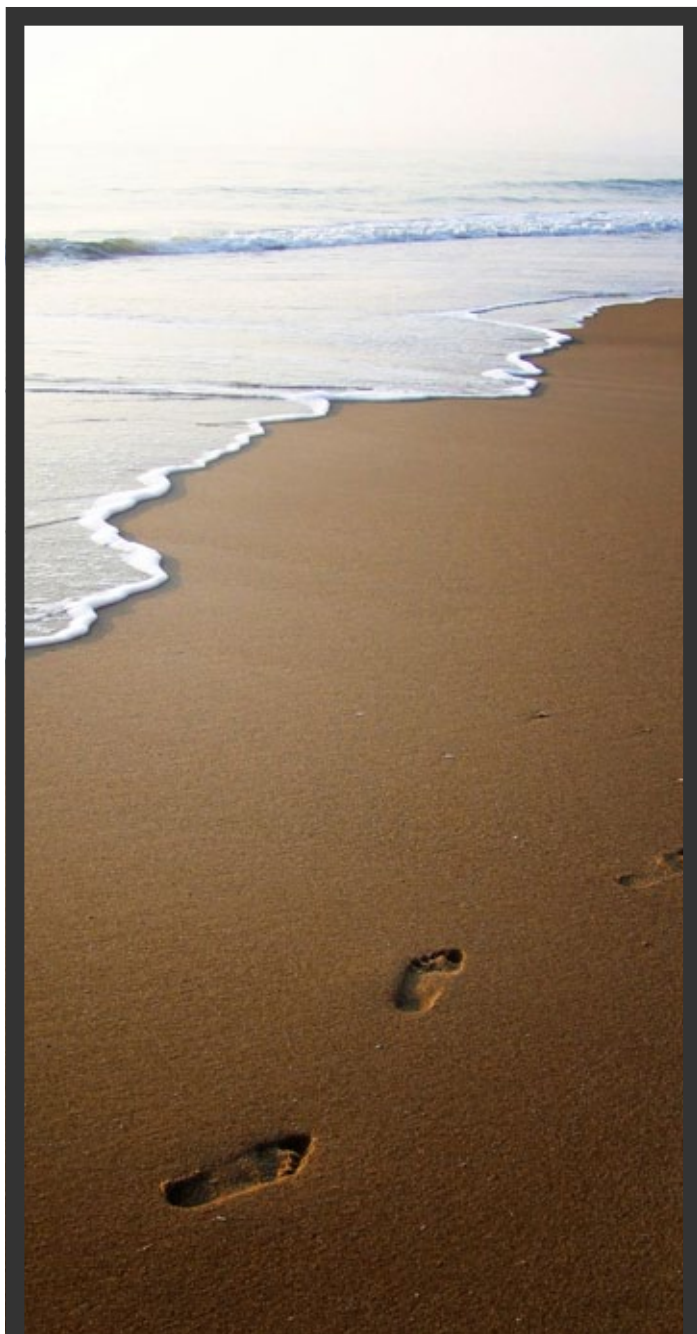
## Step Six

# Revise & Renew

Allah  
ALWAYS  
responds to  
Dua, but it can  
be in one of  
three ways:

1. Yes
2. Not Yet
3. I have  
something  
better for you

"When my  
servants ask  
you concern-  
ing me, (tell  
them) I am  
indeed close  
(to them). I  
listen to the  
prayer of  
every sup-  
pliant when  
he calls on  
me" (Al-  
Baqarah:186).



It's important to keep revisiting your Duas! After six months, look at the Duas that you've been making; you may want to renew them according to how far you've come along, or generate new Duas according to your new desires and goals. Start from step one again and make it a continuous cycle of growth and learning and renewal of your Eman through Dua.

Finally, don't just make dua for something amazing, then lose hope when you feel the journey is too difficult. Instead, love the journey itself just as much as you love the destination.

Hoping to see you  
**SUCCEED**  
on every level!

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